









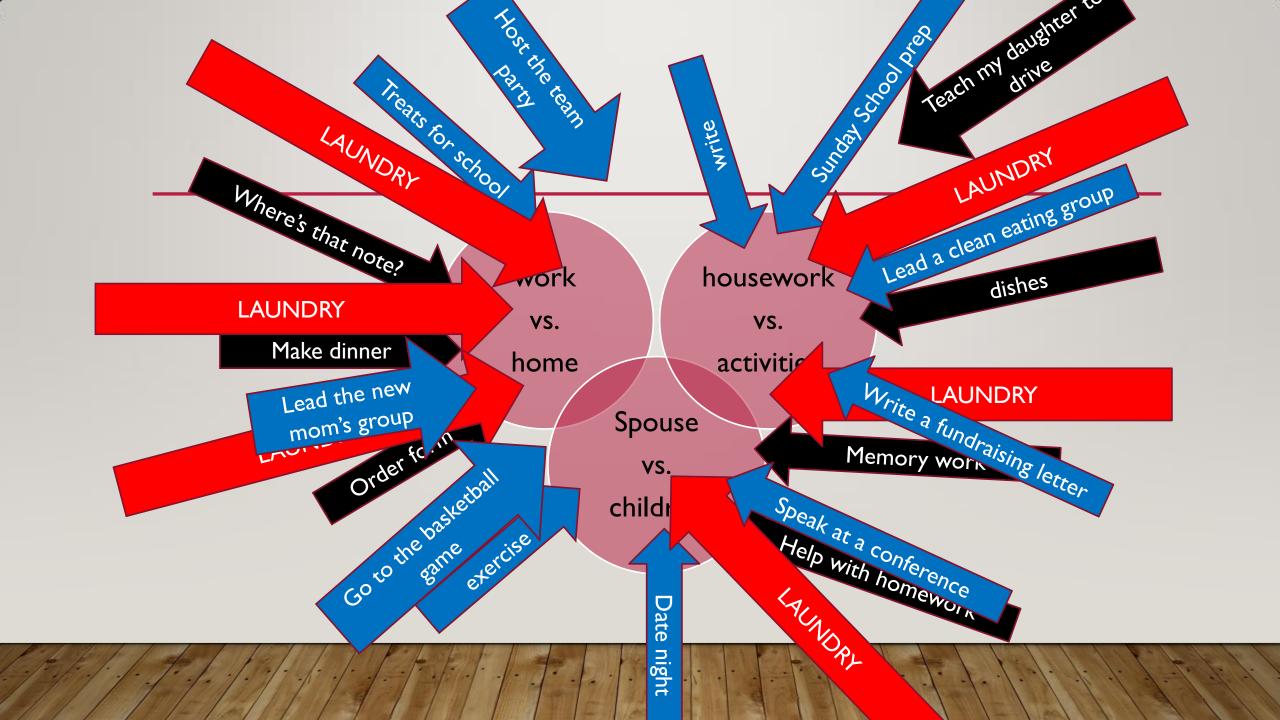
DEUTERONOMY 31:8

"The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."









IS BALANCE EVEN A THING?





STOP TRYING TO BALANCE YOUR LIFE; PRIORITIZE IT

"...balance implies that everything in your life has equal importance."

-Michelle Myers



WE NEED BOUNDARIES: THE BEST YES

- "In the violent struggle of trying, she'll miss every bit of joy each season promises to bring."
- -Lysa Terkeurst



WE NEED BOUNDARIES: THE BEST YES

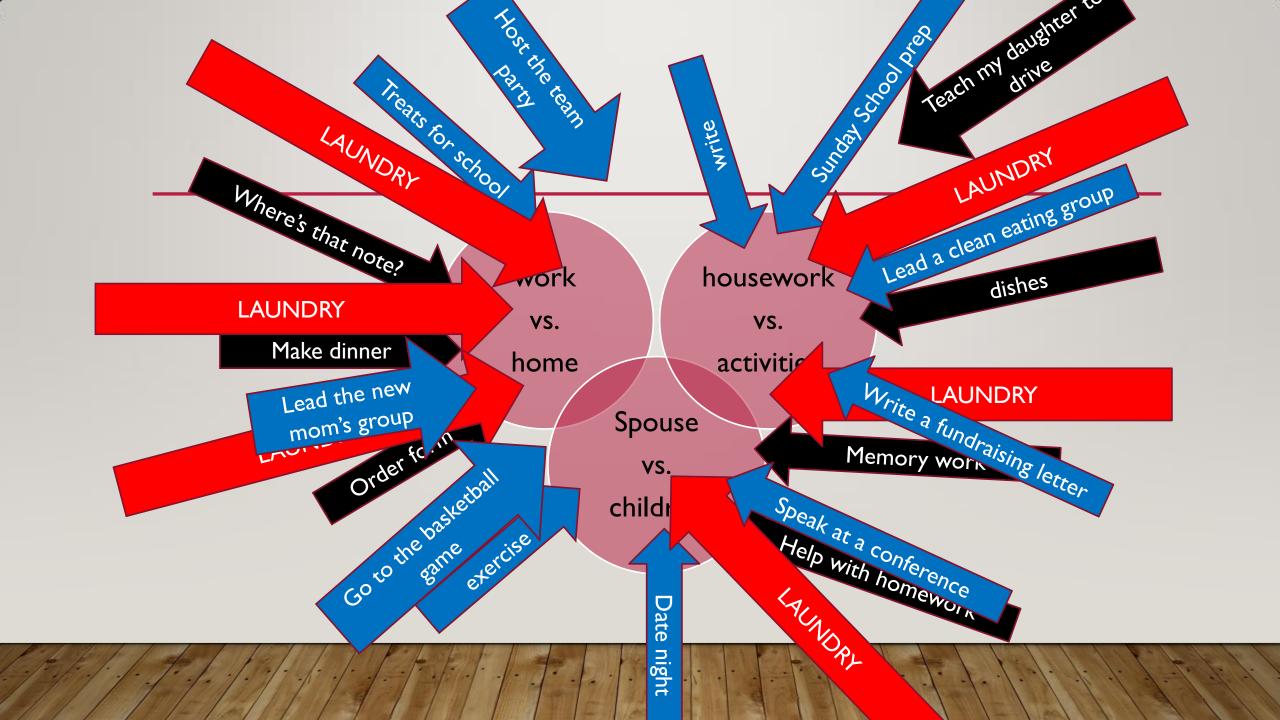
- "My imperfections will never override God's promises. God's promises are not dependent on my ability to always choose well but rather on His ability to use well."
- -Lysa Terkeurst



WE NEED BOUNDARIES: THE BEST YES

- "A woman who lives with the stress of an overwhelmed schedule will often ache with the sadness of an underwhelmed soul."
- -Lysa Terkeurst



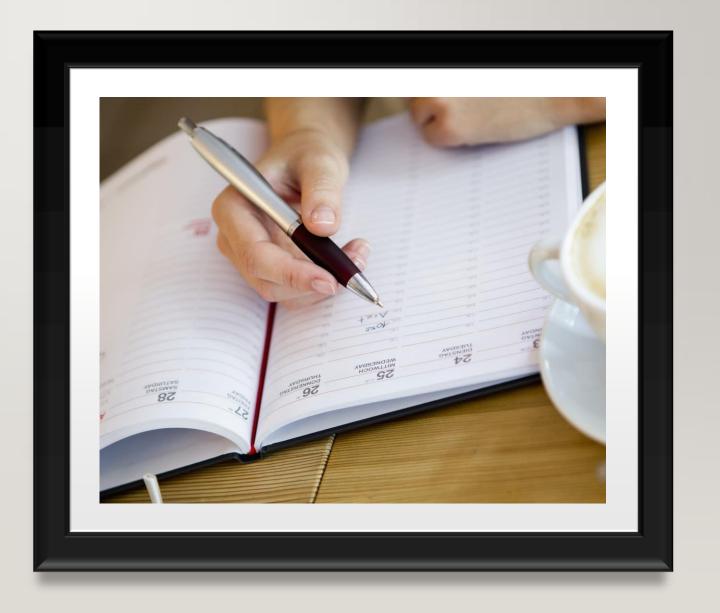






SO NOW WHAT?

- Pray
- Prioritize
- Plan
- Commit
- Repeat









WEARE NOT IN CONTROL

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:6-7



PHOTO RESOURCES

- Photo I https://tasmanianartsguide.com.au/whats-on/theatre-dance/circus-oz-hobart/
- Photo 2 https://www.videoblocks.com/video/three-young-people-with-laptop-and-tablet-talking-and-discussing-sitting-at-bar-restaurant-table-in-front-of-colosseum-in-rome-at-sunset-rbsqtcxdmjdm5z9ah
- Photo 3 https://www.vargaslawoffice.com/california-personal-injury-cases-involving-emotional-distress/
- Photo 4 https://www.facebook.com/fueledbyfaithandfitness/photos/
- Photo 5 https://gerhardhealer.com/a-christian-community-website-and-a-blog-a-wordpress.html
- Photo 6 https://www.ironedgegroup.com/when-juggling-business-responsibilities-you-cant-afford-to-drop-it-maintenance/
- Photo 7 http://community.today.com/user/michelle-myers6
- Photo 8 https://www.thebalancesmb.com/best-day-planners-4155115
- Photo 9 https://www.crosswalk.com/blogs/russellmoore/do-we-really-need-unspokenprayer-requests.html
- Photo 10 https://scottamyx.com/2018/04/01/god-grace-bigger-than-our-sins/
- Photo II https://www.brambleberry.com/shop-by-product/kits/soap-making/beginner%27s-cold-process-soap-kit/CB703117.html

OTHER RESOURCES

Famous in Heaven and at Home

https://www.amazon.com/Famous-Heaven-At-Home-Character/dp/0996400923/ref=sr_I_I?ie=UTF8&qid=I550709722&sr=8-I&keywords=famous+in+heaven+and+at+home

The Best Yes

https://www.amazon.com/Best-Yes-Decisions-Endless-Demands/dp/1400205859/ref=sr_I_I?ie=UTF8&qid=1550709754&sr=8-I&keywords=the+best+yes

• Stop Trying to Balance Your Life; Prioritize it

http://community.today.com/parentingteam/post/stop-trying-to-balance-your-life-prioritize-it

Your Time of Grace